

# Center for Family Development

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## **The Dyadic Developmental Psychotherapy Primer** **Arthur Becker-Weidman, Ph.D.**

This book is intended to provide the reader with an overview of the practice of Dyadic Developmental Psychotherapy and provide readers with a succinct summary of the principles, components, and phases of this evidence-based and effective approach to treatment.

It is important to recognize that in this approach, relationship is the central and guiding principle. This is not a treatment model that lends itself to a "cookbook" approach. Practitioners of this model will find this book a helpful reminder and summary of the major elements of practice. This book will be useful in classes about family therapy, counseling, and treatment methods and can be a useful adjunct to graduate course curricula.

Child Welfare professionals, judges, and attorneys will find this book useful as a description of this treatment model, and it may be used to ensure that appropriate treatment is provided. By explicating the primary principles, components, and phases of treatment, it will help ensure continued integrity to this model of treatment as taught at the Center for Family Development and at other training institutes. Integrity in the application of the model facilitates reliability of delivery across a spectrum of practitioners and facilitates the highest quality research.

### **What Reviewers are Saying**

"Instead of telling the reader what to do, it offers a way of thinking. In other words, Arthur Becker-Weidman, Ph.D. treats the reader with the same dignity and empathy that he asks us to treat the parents and children with whom we work."

Michael Trout, PhD. Director of the Infant-Parent Institute.

"In this primer Arthur Becker-Weidman, Ph.D. has provided a useful introduction for the interested practitioner. The Dyadic Developmental Psychotherapy framework is clearly explained, and the therapeutic interventions are outlined."

Kim Golding, author of Nurturing Attachments.

"An essential and useful book!...Extraordinarily comprehensive."

Keith Kuboyama, LCSW, Clinical Director, Family Program of Hawaii.

"Arthur Becker-Weidman, Ph.D. is one of a small group of clinicians attempting to describe and implement this model within the residential milieu. His success in this is evident in the clarity of his writing, thinking, and training."

Joseph J. McGuill, CEO Villa Santa Maria.